

## **Aftercare Sheet For Laser Hair Removal**

- Stay out of the sun for 4-6 weeks prior to treatment
- Use cold compresses and aloe vera as needed after your treatment
- Make-up may be used if moisturizer is under make-up
- Keep the area moisturized
- Use SPF 25+ sunscreen
- Stay out of the sun for 4-6 weeks after your treatment. Sun exposure may cause light or dark spots – or possibly severe burns – on the area treated if not properly covered
- Do not use any other method of hair removal besides shaving
- 10-30 days after treatment, you can help hairs shed with warm water and/or exfoliating with a scrunchie
- Call us with any questions or concerns, or if you experience any type of adverse reaction to your treatment. Our number is:  
614-457-0448

### **About Face Cosmetic Therapy Center**

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